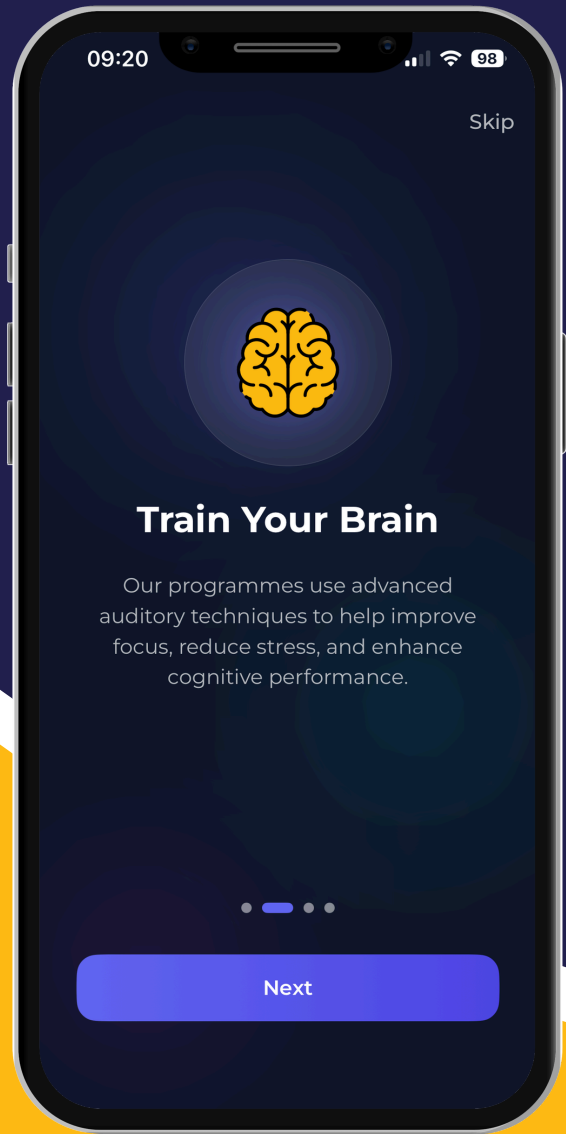
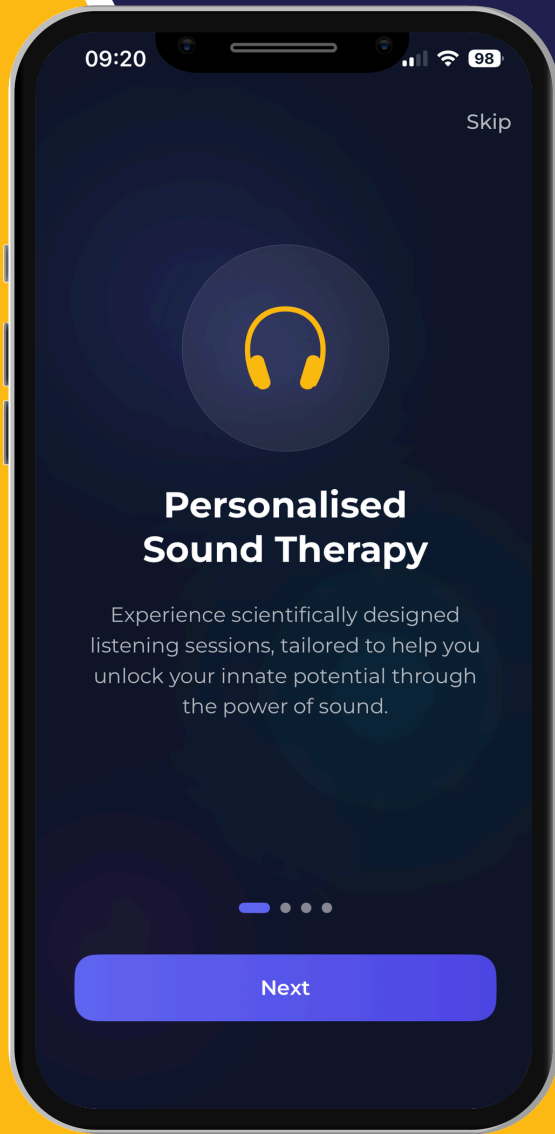




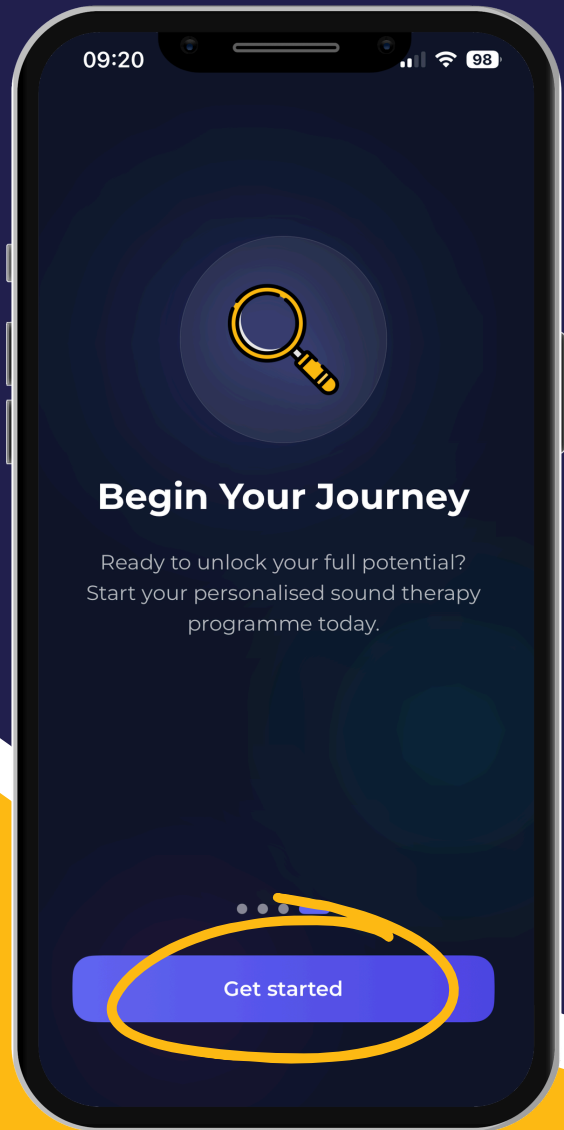
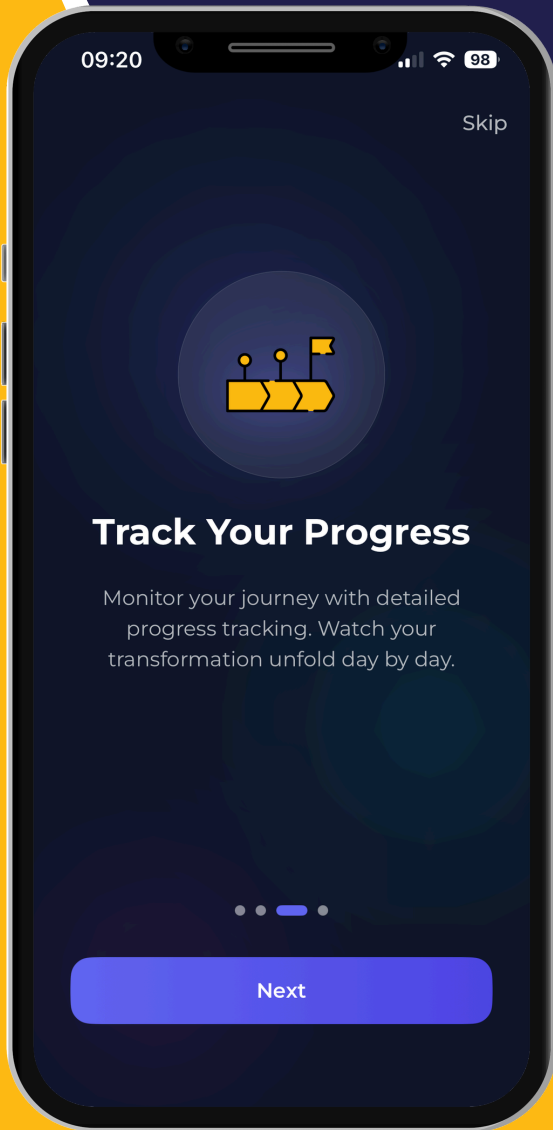
# SAS Pro

## User Guide

*Start listening and feel the change.*



*The four-page welcome screen that greets you when you first open the SAS App is designed to help you discover how SAS Pro works and what it offers.*



*You can quickly understand the basic functions and start using the SAS App right away.*

*Simply swipe right or left to switch between screens.*

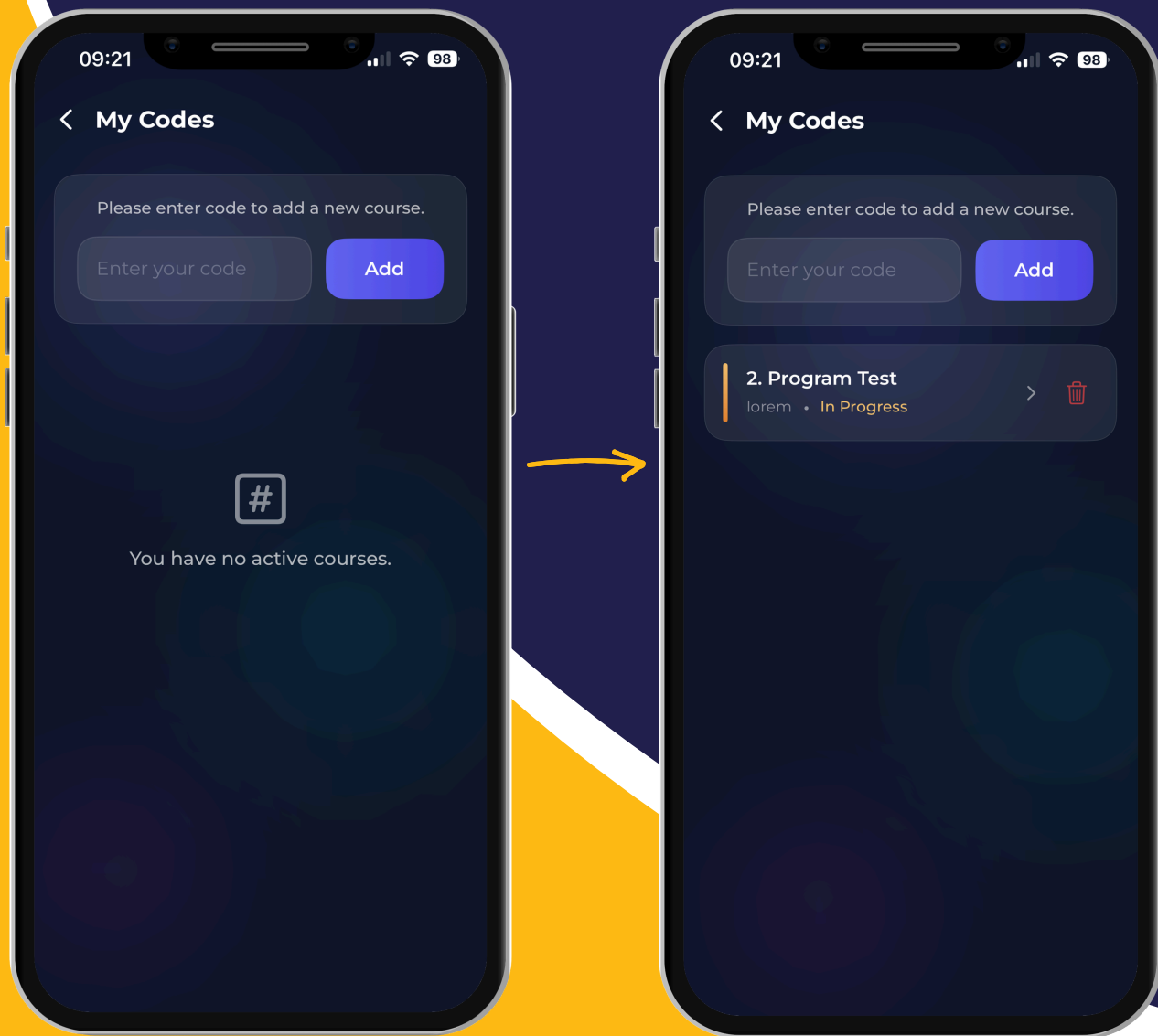


When you first open the SAS App, the **Home Page** is the centre of your personalized listening experience.

Through this screen you can:

- **Easily access your listening sessions,**
- **Record your daily observations,**
- **Stay connected with your SAS Provider,**
- **Track the entire process from one place.**

To start your first listening session, simply tap the “+” button in the bottom right corner.



*After tapping the "+" button, you can add your 8-character course code on the page that opens.*

Type your course code into the input field at the top and then tap the **"Add"** button. If you haven't added any code yet, the page will display the message **"You have no active courses."**

*After adding the course code, all your active listening sessions will be listed in this area.*

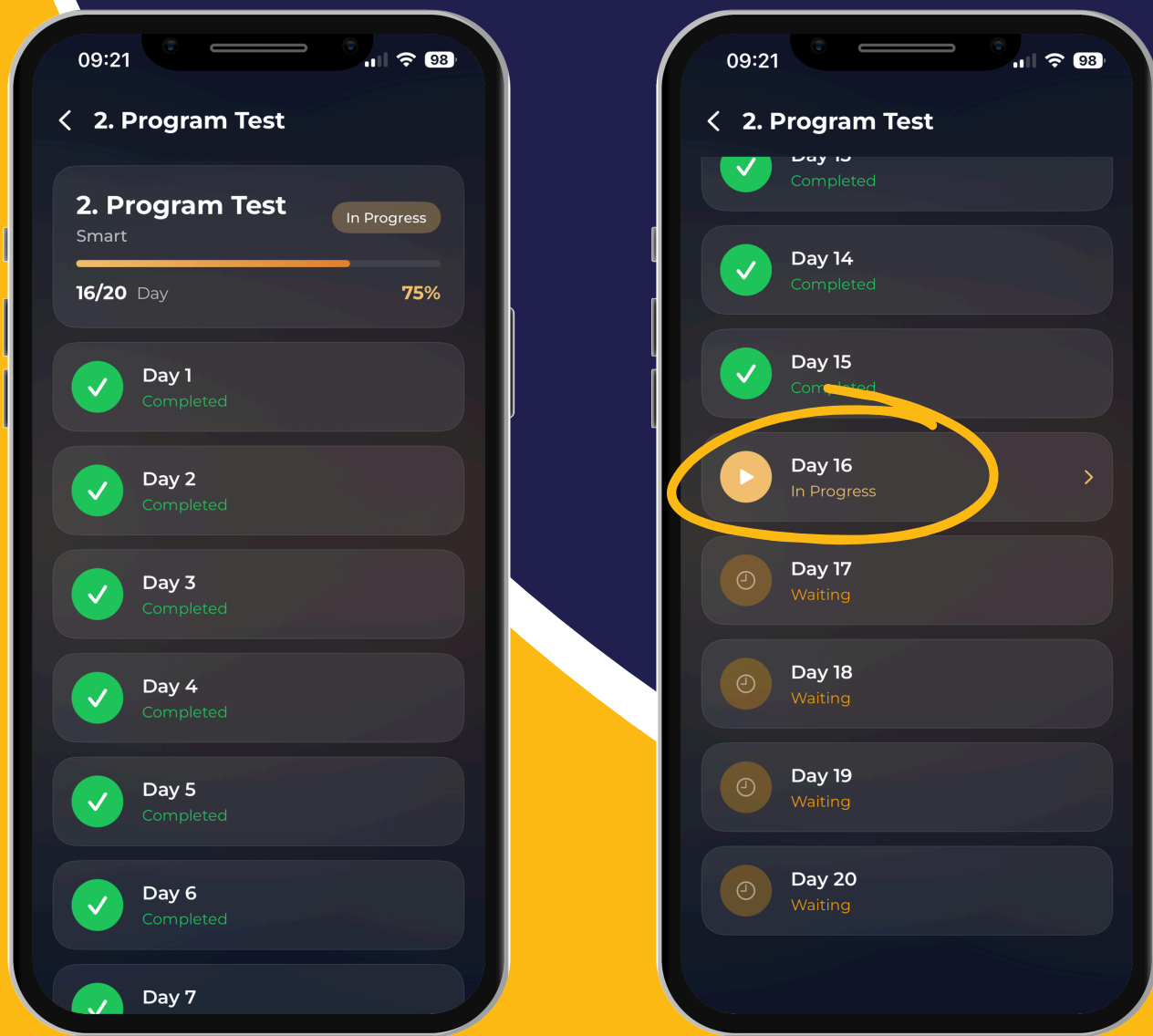


## **Congratulations!**

*After adding your course code, your home page is now ready to be completed with your personalized contents.*

Your listening courses are listed here; each course name and progress are displayed neatly and systematically.

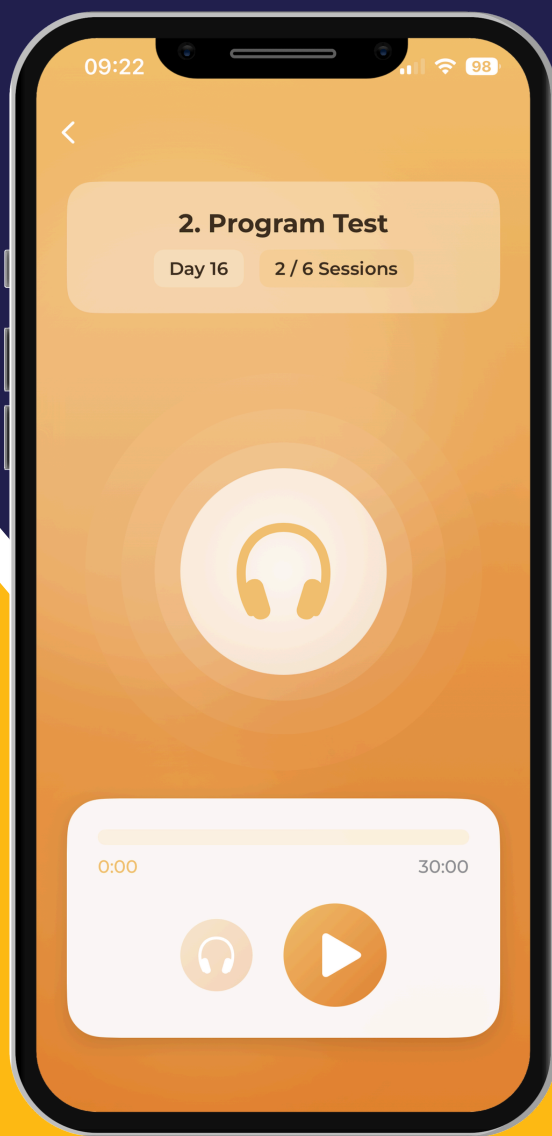
*By tapping the cards under the headings **“Your Progress”** and **“My Courses”** you can instantly access the details page for your courses.*



*Here each day of your personalized listening course are neatly listed.*

*You can easily view the status of each day in your schedule.*

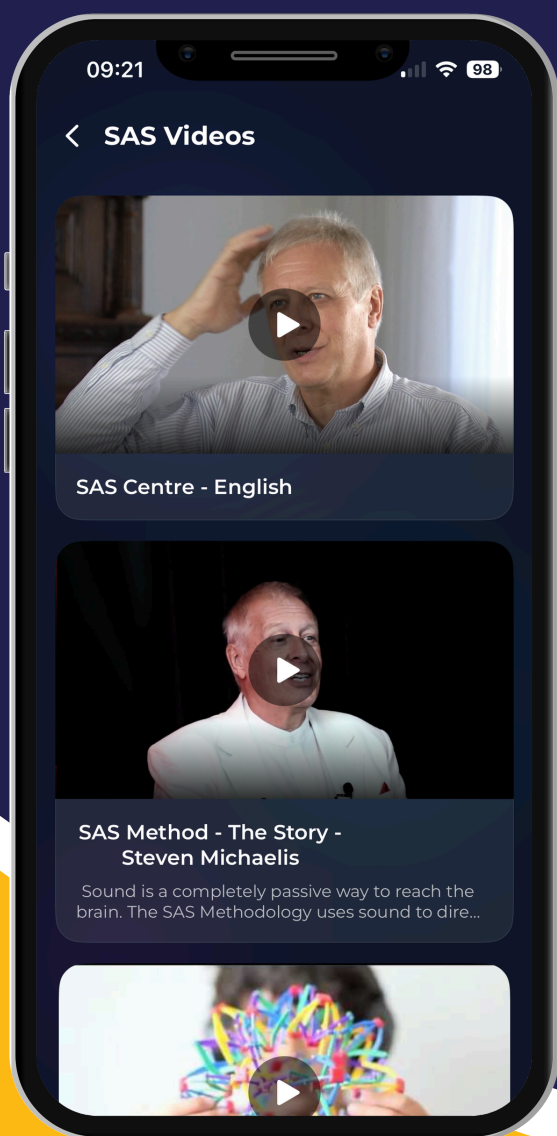
*When you tap on the day marked "**In Progress**", you'll be taken directly to the listening screen, where you can seamlessly resume your session from where you left off.*



At the bottom of the page, you'll find a **Headphone Test** button. This section allows you to quickly check sound quality and your headphone connection. You can control the listening experience with the **Start/Stop** button.

This screen also displays the course name, day number, and a progress bar showing your listening progress.

Throughout your listening session, you can track your progress in real-time and manage the process seamlessly and in a controlled manner.



Tapping the **“SAS Videos”** button on the main page will redirect you to the page on the right. Here you will find a carefully curated archive of exclusive videos from **SAS Centre**.

You can select any video from the list and start watching.

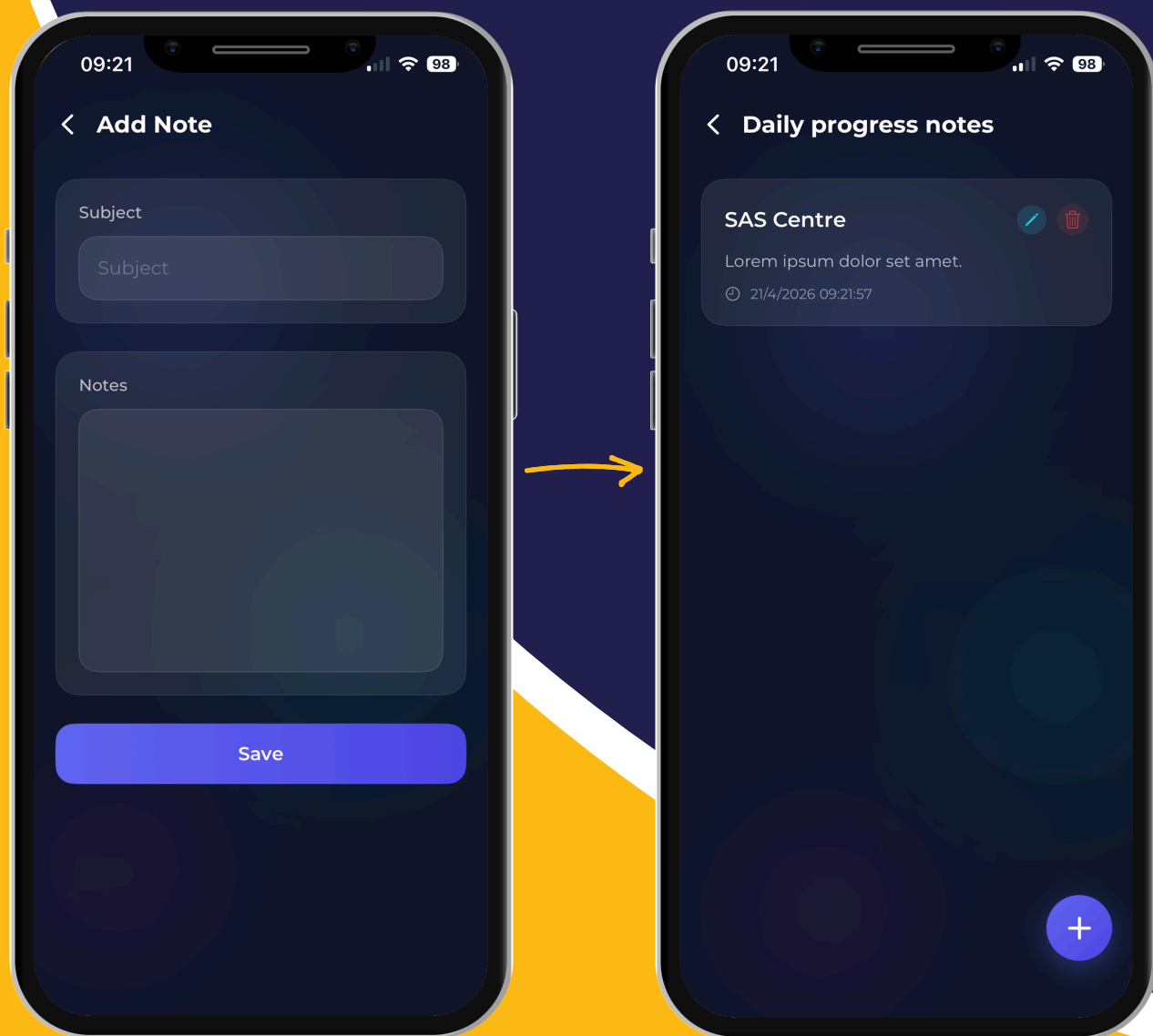
The videos offer additional information and tips to support your listening course. You can access the content at any time, ensuring you don't miss any scientifically-based videos that will support your progress.



Tapping the **“Daily Progress Notes”** button on the main page will redirect you to the page on the right.

If you haven't added any notes yet, you'll see the message **“There are no notes yet.”** You can easily add a new note by tapping the **“+”** button in the bottom right corner.

You can conveniently track your daily observations, feelings and thoughts, or personal notes taken during listening sessions in this space.



Tapping the “+” button on the “**Daily Progress Notes**” page opens the note adding screen.

After entering the required information on this screen, you can save your note by tapping the “**Save**” button.

After saving, the second screen on the right will open, and you can use the pen icon to edit the notes you added, or the delete icon to delete them.



When you tap the **“My SAS Provider”** button on the main page, you will be redirected to the page on the right.

Here you will find your SAS Provider's name, address, phone number, and email address.

You can contact your SAS Provider quickly and easily whenever you need.



When you tap the **“My Codes”** button on the main page, all the course codes you've previously added are listed in an organized manner.

The code insertion process follows the same structure as the **“Code Insertion Page”** described in the previous section.

To remove any code, you can use the delete icon next to the code.



# Congratulations!

*You have completed the SAS Pro User Guide.*

*You are now ready to use your scientifically based, personalized listening programs with confidence and ease.*

*If you need support with anything, you can reach us through the following channel:*

**E-mail:** [info-uk@sascentre.com](mailto:info-uk@sascentre.com)